

**1. Felt drowsy while driving - frequency**

In the past year, how often have you felt drowsy while you were driving a car or another vehicle?

	Gender			Age				Party ID		
	Total	Male	Female	18-29	30-44	45-64	65+	Democrat	Independent	Republican
Often	4%	5%	2%	5%	4%	4%	2%	2%	4%	4%
Sometimes	18%	19%	18%	20%	24%	16%	13%	14%	18%	24%
Rarely	34%	37%	32%	32%	33%	35%	39%	33%	35%	35%
Never	29%	30%	29%	21%	26%	34%	35%	34%	26%	29%
I don't drive any vehicles	14%	9%	19%	22%	14%	11%	12%	16%	16%	9%
Totals (Unweighted N)	100% (969)	100% (456)	100% (513)	100% (183)	100% (266)	100% (364)	100% (156)	100% (321)	100% (413)	100% (235)

	Race			Family Income				Region				
	Total	White	Black	Hispanic	Under 40	40-80	80-100	100+	Northeast	Midwest	South	West
Often	4%	4%	3%	3%	2%	5%	2%	3%	3%	3%	4%	4%
Sometimes	18%	19%	15%	16%	17%	20%	20%	18%	16%	19%	19%	18%
Rarely	34%	35%	30%	37%	30%	38%	38%	46%	27%	41%	37%	30%
Never	29%	31%	25%	23%	29%	27%	38%	28%	32%	24%	27%	35%
I don't drive any vehicles	14%	11%	27%	21%	22%	10%	2%	4%	22%	13%	12%	12%
Totals (Unweighted N)	100% (969)	100% (741)	100% (113)	100% (115)	100% (351)	100% (292)	100% (56)	100% (128)	100% (178)	100% (196)	100% (349)	100% (246)

**2. Action when driving drowsy**

If you feel drowsy while you're driving, what are you most likely to do?

	Total	Gender		Age				Party ID		
		Male	Female	18-29	30-44	45-64	65+	Democrat	Independent	Republican
Drink coffee	13%	15%	11%	14%	16%	13%	6%	12%	14%	13%
Stop for a nap before continuing to my intended destination	13%	17%	10%	4%	12%	19%	16%	13%	15%	10%
Keep driving and try to concentrate until I get where I'm heading	13%	14%	13%	22%	16%	8%	9%	11%	16%	12%
Try to get some exercise to wake myself up	7%	9%	5%	7%	4%	8%	10%	4%	6%	12%
Ask someone else to drive the car	22%	23%	21%	18%	19%	23%	30%	26%	18%	26%
Something else	7%	7%	8%	3%	10%	7%	8%	7%	6%	9%
This has never happened to me	19%	14%	23%	26%	14%	17%	22%	21%	22%	11%
Not sure	5%	2%	8%	5%	9%	5%	0%	6%	4%	5%
Totals (Unweighted N)	100% (967)	100% (454)	100% (513)	100% (182)	100% (265)	100% (364)	100% (156)	100% (321)	100% (413)	100% (233)

	Total	Race			Family Income				Region			
		White	Black	Hispanic	Under 40	40-80	80-100	100+	Northeast	Midwest	South	West
Drink coffee	13%	15%	8%	10%	12%	18%	12%	14%	9%	15%	14%	14%
Stop for a nap before continuing to my intended destination	13%	13%	16%	12%	15%	12%	15%	8%	13%	14%	12%	16%
Keep driving and try to concentrate until I get where I'm heading	13%	14%	9%	16%	11%	17%	12%	13%	11%	14%	13%	14%
Try to get some exercise to wake myself up	7%	7%	5%	8%	4%	7%	20%	14%	2%	8%	8%	8%
Ask someone else to drive the car	22%	22%	21%	23%	21%	20%	25%	30%	17%	21%	26%	22%
Something else	7%	8%	6%	5%	6%	8%	9%	9%	4%	8%	8%	8%
This has never happened to me	19%	17%	28%	20%	25%	13%	5%	11%	33%	14%	17%	15%
Not sure	5%	5%	8%	6%	6%	5%	1%	2%	10%	6%	3%	4%
Totals (Unweighted N)	100% (967)	100% (739)	100% (113)	100% (115)	100% (351)	100% (289)	100% (56)	100% (129)	100% (179)	100% (193)	100% (349)	100% (246)

**3. Felt drowsy while driving - might sleep**

Have you ever felt like you were so tired while driving that you might fall asleep?

	Gender			Age				Party ID		
	Total	Male	Female	18-29	30-44	45-64	65+	Democrat	Independent	Republican
Yes	45%	52%	38%	30%	48%	48%	51%	35%	46%	55%
No	50%	44%	54%	60%	44%	50%	43%	58%	48%	42%
Not sure	6%	4%	8%	10%	8%	2%	6%	7%	7%	3%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(968)	(455)	(513)	(182)	(266)	(364)	(156)	(321)	(413)	(234)

	Race				Family Income				Region			
	Total	White	Black	Hispanic	Under 40	40-80	80-100	100+	Northeast	Midwest	South	West
Yes	45%	47%	33%	44%	40%	48%	58%	57%	38%	51%	44%	45%
No	50%	49%	55%	50%	54%	45%	38%	41%	54%	43%	52%	49%
Not sure	6%	5%	13%	6%	6%	7%	3%	2%	8%	7%	4%	6%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(968)	(740)	(113)	(115)	(351)	(290)	(56)	(129)	(179)	(194)	(349)	(246)

**4. Usual hours of sleep**

Usually, how many hours of sleep do you get at night?

	Gender			Age				Party ID		
	Total	Male	Female	18-29	30-44	45-64	65+	Democrat	Independent	Republican
Four hours or less	5%	4%	6%	2%	8%	5%	6%	4%	7%	3%
Five hours	13%	13%	13%	11%	17%	11%	10%	10%	14%	12%
Six hours	19%	21%	18%	19%	17%	19%	23%	21%	19%	16%
Seven hours	30%	29%	30%	25%	25%	35%	31%	30%	27%	34%
Eight hours	23%	24%	21%	24%	23%	21%	24%	24%	19%	26%
Nine hours	6%	5%	8%	8%	5%	6%	6%	5%	7%	7%
Ten hours or more	2%	2%	3%	6%	2%	2%	1%	1%	4%	2%
Not sure	2%	3%	2%	4%	3%	1%	—	3%	3%	—
Totals (Unweighted N)	100% (965)	100% (453)	100% (512)	100% (180)	100% (265)	100% (364)	100% (156)	100% (320)	100% (410)	100% (235)

	Race				Family Income				Region			
	Total	White	Black	Hispanic	Under 40	40-80	80-100	100+	Northeast	Midwest	South	West
Four hours or less	5%	5%	8%	4%	8%	3%	10%	—	5%	5%	4%	7%
Five hours	13%	13%	10%	13%	14%	14%	7%	6%	7%	11%	13%	18%
Six hours	19%	22%	18%	5%	16%	23%	14%	27%	20%	20%	20%	16%
Seven hours	30%	30%	30%	30%	28%	29%	36%	35%	33%	33%	28%	28%
Eight hours	23%	22%	14%	33%	20%	22%	25%	27%	19%	23%	25%	22%
Nine hours	6%	5%	9%	11%	8%	7%	8%	2%	10%	3%	6%	7%
Ten hours or more	2%	2%	6%	3%	3%	2%	—	1%	3%	2%	3%	1%
Not sure	2%	2%	6%	0%	3%	1%	—	2%	4%	2%	2%	1%
Totals (Unweighted N)	100% (965)	100% (740)	100% (112)	100% (113)	100% (349)	100% (291)	100% (56)	100% (129)	100% (179)	100% (196)	100% (347)	100% (243)