

YouGov / Samaritans Survey Results

Sample Size: 2082

Fieldwork: 27th -30th November 2009

	Total	Gender		Age					Social Grade		Region							
	Base	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE	North	Mid-lands	East	London	South	Wales	Scot-land	Northern Ireland
Unweighted Base	2082	1035	1047	217	328	427	403	707	1009	1073	516	306	177	226	503	101	200	53
Base: ALL UK Adults	2082	1001	1081	250	324	409	358	741	1145	937	498	333	194	258	462	102	177	58

Overall, how would you describe this year (2009)?

My best year ever	2%	2%	2%	4%	3%	2%	1%	1%	2%	2%	1%	1%	2%	2%	1%	3%	2%	6%
A good year	16%	16%	16%	26%	22%	13%	13%	13%	18%	14%	14%	15%	17%	17%	17%	25%	16%	12%
Good and bad/ there have been ups and downs	41%	36%	46%	44%	44%	39%	35%	44%	41%	42%	40%	46%	39%	38%	42%	30%	48%	40%
Neither good nor bad/ mediocre	16%	20%	13%	11%	12%	17%	19%	18%	16%	17%	17%	20%	20%	14%	14%	12%	11%	24%
A bad year	18%	20%	17%	7%	14%	24%	23%	19%	18%	19%	21%	14%	17%	20%	19%	21%	17%	16%
My worst year ever	5%	5%	6%	3%	5%	5%	6%	5%	5%	5%	7%	3%	3%	5%	5%	7%	5%	2%
Don't know	1%	1%	1%	5%	0%	2%	1%	0%	1%	2%	1%	1%	2%	3%	1%	2%	1%	-

	Total	Gender		Age					Social Grade		Region							
	Base	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE	North	Mid-lands	East	London	South	Wales	Scot-land	Northern Ireland
Unweighted Base	2082	1035	1047	217	328	427	403	707	1009	1073	516	306	177	226	503	101	200	53
Base: ALL UK Adults	2082	1001	1081	250	324	409	358	741	1145	937	498	333	194	258	462	102	177	58

Which, if any, of the following have you been most worried about over the past year (2009)? (Please select up to five answer options)

	48%	45%	51%	54%	56%	51%	47%	41%	44%	52%	47%	49%	48%	43%	50%	45%	48%	56%
Money/ Bank balance/ Debt	48%	45%	51%	54%	56%	51%	47%	41%	44%	52%	47%	49%	48%	43%	50%	45%	48%	56%
Mortgage/ Rent/ Housing	16%	16%	16%	22%	25%	18%	17%	9%	17%	16%	15%	21%	15%	14%	15%	13%	16%	23%
Job security/ Redundancy	24%	26%	22%	15%	36%	33%	31%	13%	24%	24%	21%	23%	24%	24%	26%	21%	28%	32%
Workplace issues (e.g stress, pressure to achieve, relationships with colleagues/ boss)	24%	23%	24%	29%	36%	31%	25%	12%	27%	20%	23%	22%	26%	29%	20%	22%	26%	38%
Pressure to achieve marks in studies and exam stress	6%	5%	7%	30%	7%	3%	2%	1%	4%	8%	6%	5%	3%	8%	5%	6%	9%	2%
Bullying (at work, school, college, university, home or online)	3%	2%	4%	4%	2%	5%	3%	2%	3%	4%	3%	1%	4%	4%	3%	5%	3%	9%
Family and friends (problems/ issues with partner, parent(s), child(ren), other family, friend(s), boyfriend or girlfriend)	35%	28%	42%	41%	33%	33%	33%	37%	35%	35%	38%	38%	35%	34%	33%	28%	33%	42%
Not being in a relationship/ lack of a sex life	12%	14%	11%	24%	19%	14%	9%	5%	12%	13%	10%	14%	14%	17%	10%	9%	11%	13%
Physical health issues	32%	30%	34%	19%	17%	29%	36%	43%	32%	33%	34%	29%	30%	30%	33%	34%	32%	33%
Ability to cope emotionally	17%	11%	23%	22%	18%	20%	17%	13%	16%	18%	19%	13%	17%	18%	15%	14%	19%	36%
Loneliness	12%	12%	12%	21%	16%	11%	10%	8%	11%	13%	14%	8%	9%	18%	11%	7%	12%	21%
Appearance/ ageing	21%	18%	25%	20%	20%	15%	23%	26%	22%	20%	24%	19%	24%	22%	18%	22%	24%	27%
Neighbourhood issues (e.g. gangs, neighbourhood security, problems with neighbours)	8%	9%	7%	5%	6%	9%	9%	10%	7%	10%	10%	8%	5%	13%	6%	11%	6%	1%
Domestic politics/ Current Government/ Future Government	24%	28%	21%	13%	12%	18%	25%	36%	27%	21%	23%	22%	24%	22%	29%	24%	24%	22%
World affairs (e.g. climate change, poverty in developing countries, terrorism, world politics, conflict/war)	23%	24%	22%	15%	12%	17%	22%	35%	25%	21%	24%	25%	18%	21%	26%	15%	26%	22%
Sport/ how my football/ rugby/ cricket etc team is doing	5%	10%	1%	8%	5%	5%	5%	5%	5%	6%	7%	4%	7%	4%	4%	8%	10%	2%
Other	4%	4%	4%	2%	4%	4%	2%	4%	4%	3%	2%	4%	5%	5%	4%	1%	4%	3%
Not applicable - I have had nothing to worry about this year/ I don't worry	7%	9%	6%	8%	7%	9%	6%	7%	6%	9%	7%	9%	5%	8%	8%	14%	3%	3%

All figures, unless otherwise stated, are from YouGov Plc.

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Sample Size: 2082

Fieldwork: 27th -30th November 2009

	Total	Working Status						Marital Status					
	Base	Working full time	Working part time	Full time student	Retired	Un-employed	Not working/ Other	Married/ Civil Partnership	Living as married	Separated/Divorced	Widowed	Never Married	Refused
Unweighted Base	2082	1018	303	130	326	70	235	1048	261	162	49	521	41
Base: ALL UK Adults	2082	1016	302	119	337	71	236	1039	252	165	47	533	46

Overall, how would you describe this year (2009)?

My best year ever	2%	2%	2%	3%	1%	5%	1%	2%	2%	1%	4%	2%	-
A good year	16%	17%	16%	29%	16%	4%	9%	16%	16%	7%	16%	18%	18%
Good and bad/ there have been ups and downs	41%	40%	45%	44%	43%	36%	42%	41%	46%	44%	34%	40%	36%
Neither good nor bad/ mediocre	16%	16%	13%	10%	21%	15%	16%	16%	13%	19%	25%	17%	18%
A bad year	18%	19%	19%	9%	15%	27%	22%	19%	16%	20%	14%	18%	27%
My worst year ever	5%	6%	3%	4%	4%	10%	7%	5%	4%	9%	8%	5%	2%
Don't know	1%	1%	2%	1%	-	4%	3%	1%	2%	-	-	1%	-

Total	Working Status						Marital Status					
Base	Working full time	Working part time	Full time student	Retired	Un-employed	Not working/ Other	Married/ Civil Partnership	Living as married	Separated/Divorced	Widowed	Never Married	Refused
Unweighted Base 2082	1018	303	130	326	70	235	1048	261	162	49	521	41
Base: ALL UK Adults 2082	1016	302	119	337	71	236	1039	252	165	47	533	46

Which, if any, of the following have you been most worried about over the past year (2009)? (Please select up to five answer options)

Money/ Bank balance/ Debt	48%	50%	46%	57%	35%	60%	52%	44%	54%	61%	35%	50%	39%
Mortgage/ Rent/ Housing	16%	19%	14%	16%	8%	27%	17%	11%	26%	24%	10%	19%	12%
Job security/ Redundancy	24%	35%	21%	13%	5%	29%	12%	24%	31%	22%	2%	25%	18%
Workplace issues (e.g stress, pressure to achieve, relationships with colleagues/ boss)	24%	39%	19%	23%	1%	17%	1%	20%	34%	24%	8%	29%	6%
Pressure to achieve marks in studies and exam stress	6%	4%	4%	54%	0%	2%	0%	2%	4%	3%	-	16%	-
Bullying (at work, school, college, university, home or online)	3%	4%	5%	2%	1%	1%	3%	4%	2%	4%	-	2%	4%
Family and friends (problems/ issues with partner, parent(s), child(ren), other family, friend(s), boyfriend or girlfriend)	35%	32%	42%	41%	32%	25%	46%	36%	44%	38%	29%	30%	31%
Not being in a relationship/ lack of a sex life	12%	15%	7%	27%	5%	18%	9%	4%	4%	21%	23%	29%	8%
Physical health issues	32%	27%	32%	24%	43%	24%	46%	38%	24%	31%	36%	25%	24%
Ability to cope emotionally	17%	16%	17%	25%	11%	18%	25%	14%	15%	27%	21%	20%	8%
Loneliness	12%	10%	10%	25%	11%	17%	16%	5%	6%	21%	28%	24%	4%
Appearance/ ageing	21%	19%	25%	15%	26%	19%	24%	22%	19%	23%	30%	21%	20%
Neighbourhood issues (e.g. gangs, neighbourhood security, problems with neighbours)	8%	8%	9%	3%	9%	8%	10%	9%	12%	10%	4%	6%	5%
Domestic politics/ Current Government/ Future Government	24%	20%	25%	13%	38%	16%	30%	30%	20%	19%	32%	15%	34%
World affairs (e.g. climate change, poverty in developing countries, terrorism, world politics, conflict/war)	23%	19%	25%	17%	39%	20%	22%	27%	18%	24%	34%	16%	30%
Sport/ how my football/ rugby/ cricket etc team is doing	5%	7%	4%	4%	5%	7%	2%	6%	5%	4%	-	6%	8%
Other	4%	3%	3%	5%	4%	6%	4%	3%	2%	4%	7%	4%	4%
Not applicable - I have had nothing to worry about this year/ I don't worry	7%	7%	7%	6%	8%	11%	6%	7%	8%	5%	5%	7%	7%

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Sample Size: 2082

Fieldwork: 27th -30th November 2009

Base	Number of Children (under 18) in					
	0	1	2	3+	Refused	
Unweighted Base	2082	1416	283	237	85	61
Base: ALL UK Adults	2082	1430	282	223	82	65

Overall, how would you describe this year (2009)?

My best year ever	2%	2%	1%	2%	5%	1%
A good year	16%	15%	20%	15%	18%	16%
Good and bad/ there have been ups and downs	41%	42%	40%	42%	32%	39%
Neither good nor bad/ mediocre	16%	17%	13%	12%	16%	17%
A bad year	18%	18%	16%	22%	21%	21%
My worst year ever	5%	5%	8%	6%	6%	1%
Don't know	1%	1%	2%	1%	2%	5%

Total	Number of Children (under 18) in					
	0	1	2	3+	Refused	
Unweighted Base	2082	1416	283	237	85	61
Base: ALL UK Adults	2082	1430	282	223	82	65

Which, if any, of the following have you been most worried about over the past year (2009)? (Please select up to five answer options)

Money/ Bank balance/ Debt	48%	46%	53%	56%	53%	42%
Mortgage/ Rent/ Housing	16%	15%	20%	18%	16%	13%
Job security/ Redundancy	24%	23%	26%	28%	27%	22%
Workplace issues (e.g stress, pressure to achieve, relationships with colleagues/ boss)	24%	24%	26%	24%	19%	10%
Pressure to achieve marks in studies and exam stress	6%	5%	9%	8%	4%	2%
Bullying (at work, school, college, university, home or online)	3%	3%	2%	5%	5%	3%
Family and friends (problems/ issues with partner, parent(s), child(ren), other family, friend(s), boyfriend or girlfriend)	35%	35%	37%	39%	24%	32%
Not being in a relationship/ lack of a sex life	12%	12%	16%	8%	7%	11%
Physical health issues	32%	35%	25%	23%	29%	28%
Ability to cope emotionally	17%	18%	13%	18%	14%	6%
Loneliness	12%	13%	12%	6%	3%	10%
Appearance/ ageing	21%	22%	26%	13%	17%	19%
Neighbourhood issues (e.g. gangs, neighbourhood security, problems with neighbours)	8%	8%	8%	7%	10%	7%
Domestic politics/ Current Government/ Future Government	24%	26%	17%	19%	22%	27%
World affairs (e.g. climate change, poverty in developing countries, terrorism, world politics, conflict/war)	23%	25%	18%	17%	22%	28%
Sport/ how my football/ rugby/ cricket etc team is doing	5%	5%	6%	5%	11%	10%
Other	4%	4%	4%	2%	2%	3%
Not applicable - I have had nothing to worry about this year/ I don't worry	7%	6%	8%	6%	15%	13%

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